

EMPLOYEE BIOMETRIC SCREENINGS

Occupational Health Services for a Healthier Workforce

WHAT ARE THEY

Biometric testing is a type of health screening that can provide information about personal health. These tests gather physical measurements and biometric data to assess employees' health and get a sense of your population health.

Employers use biometric screening to gather a baseline about employee health. It's important to note that Biometric Screenings are not a wellness strategy. Some employers may use of employee health screenings to get a more holistic view on employee health.

WHAT IS DONE

This quick, convenient, and noninvasive process can be completed at work or at a local health clinic, making it a popular component for workplace wellness programs. They allow employers to set a standard of reference for employee health, and data to assess changes over time.

Biometric Screens can include, but are not limited to checks on the following:

- Blood Pressure
- Cholesterol
- Blood Sugar
- Body Mass Index (BMI)
- Waist Circumference

WHY ARE THEY IMPORTANT

The wellness community thinks of the biometric screening process as a necessary check-up for employees.

Benefits of biometric screenings:

- Establish baseline of health
- Identify risks of health conditions
- Identify unknown health conditions that could be life-threatening
- Improved attitude of well-being from a positive screening



WHERE ARE THEY DONE

WE COME TO YOU

- On-site clinics
- Near-site clinics

LOCATIONS NEAR YOU

- Occupational Health clinics
- Urgent Care clinics

 **Bon Secours**
Occupational Health



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